



SUMMER 2015

handprints

amta - rhode island chapter newsletter | serving our members and advancing our profession



MESSAGE FROM THE PRESIDENT

Michaela Colizza, RIAMTA President

Welcome friends and colleagues, I hope you are having a successful, safe and fun summer! I am looking forward to and excited about hearing the results from this years House of Delegates meeting at the National AMTA Conference in Pittsburg PA. August 17-23, 2015. Our chapter Delegates have been working on surveying your opinions of the National House of Delegates position statements and the recommendations.

I hope you were able to take just a few minutes to read through the survey and responded. This survey is important to the medical, massage and non-massage therapist communities as a representation of what “we **do** and what we can **prove** about our work”.

Our Delegates Paula Kochanek and Jennifer Wilkicki will be reporting the results of your survey and what the national vote results are at our October 25, 2015 membership meeting. I look forward to seeing you there.

There is a newly formed committee that is enjoying a unique opportunity to create, develop and execute a new concept for a RI massage therapy convention/conference. They have only met a few times so far and they are moving forward . If you would like to come and listen or add your creative touch, they are meeting once a month on a Tuesday night. please see our new website for dates at www.ri.amtamassage.org.

At this time, may I suggest taking just a few minutes for yourself to simply enjoy being in the moment. Relax perhaps with a nice cold lemonade in your favorite lounge chair, in the air condition or out in nature with our newsletter for all of the latest information relating to our profession.

Thank you for being a part of our association and for all that you do for our massage community.

Hope to see you at the National Convention in Pittsburgh!

Please contact me anytime if you have any questions.

Michaela Colizza
RIAMTA President
michaelacolizza@yahoo.com



*Michaela Colizza, Pat Bachus & Paula Kochanek
National Convention 2014*

NOTICE:RIAMTA BOARD MEETING SCHEDULE

All RIAMTA Board Meetings are open to the public. The following is a list of dates and times of upcoming board meetings:

- September 15, 2015 7:00-9:30
- October 7, 2015 7:00-9:30
- General Member Meeting October 25, 2015.
- November 10, 2015 7:00-9:30

Times and dates are subject to change. Please contact our Secretary Deb Kilty at 401-339-1041 or via email at debbiekilty@yahoo.com prior to any meeting for confirmation on date, time and location.

Check in the next newsletter for future meeting dates.



AT YOUR SERVICE

RHODE ISLAND AMTA | 2015

BOARD OF DIRECTORS

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Video Librarian, Paula Kochanek
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Delegates 2014:

Paula Kochanek, Sr. Delegate 401-744-5025
Jen Wilkicki, Jr. Delegate 401-935-3549

Not sure who to ask? Email:

info@riamta.com

THE PASSING OF A FRIEND AND COLLEAGUE

Michaele Colizza, President



I am very sad to announce that our chapter has lost a long time member and friend.

On May 22, 2015 Rose Kennedy died.

Many of you may remember her as one of our senior members who attended almost every membership meeting and all but 1 New England Regional Conference. She had beautiful dark hair, a sincere smile, a thirst for knowledge and always asked great questions. Rose had a knack for making the world of Massage Therapy and the RI AMTA a welcoming and accepting place for all. Rose was always invested and willing to learn more about our profession and continuing her massage education. She was a RI AMTA member for 20 years. She had many friends throughout our chapter, at our last members election meeting Rose at 75 years young had run for the position of RI AMTA Delegate for the National convention this year. We will miss her presence, quest for continued knowledge and her friendship always.

Kennedy, Rose M (Mitchrone) age 75, of Proctor Avenue, Warwick, died unexpectedly at home on Friday, May 22, 2015. She was the wife of Patrick A. Kennedy and the mother of the late David P. Kennedy. Born in Providence, a daughter of the late John A. and Rose M. (Puriello) Mitchrone, she lived in Warwick since 1968. As a young woman, she was a novice with the Sisters of Our Lady of Providence. Mrs. Kennedy was employed at the Phillips Memorial Library at Providence College for over 25 years, retiring 4 years ago. During the early 1960's, she worked at the Providence Public Library. A licensed massage therapist, she was a 1994 graduate of the Benjamin School of Massage. She served as a first responder for the City of Warwick. Rose was a communicant of St. Peter Church in Warwick, and had served as a Eucharistic minister. In addition to her husband, she leaves two sisters-in-law, Michaela Kennedy Rowlett and Mary E. Mitchrone; three nieces, Cathy St. Jean, Bernice Bonadie and Sheila Capobianco; and a nephew, Steven Mitchrone. She was the sister of the late Domenic M. Mitchrone and Santella M. Degnan. Contributions in her memory may be made to Make-A-Wish Foundation.

REACHING OUT AND RECONNECTING

Kim Gregorzek, 3rd Vice President

In the article I wrote for the Spring newsletter as an introduction of myself, to you the members of the RI AMTA, as your new 3rd Vice President, I stated that I thought part of my new role would be one of listening and learning. Well as part of this learning process I will be reaching out to long standing RI AMTA members to reconnect and check in because your board values feedback from its' members. The board recognizes that the key to success for any organization is its members. We are hoping that by reaching out you will know that your RI AMTA is concerned with the wants and needs of its' membership.

So be on the lookout for an email and/or a call from me!

I look forward to my journey with the RI AMTA by learning all I can from its' members, and am sincerely grateful for the opportunity to serve.

EDUCATION COMMITTEE UPDATE

Alda Medeiros, Education Chair

Our quarterly CPR class with Billy Simas continues to be a big hit!! In June, 14 therapists received CPR certification. We have two more classes scheduled in 2015; they are being held on Tuesday, September 15th and Tuesday, December 8th, 6pm-10pm. Both classes will be held at the Care New England Wellness Center, 2191 Post Road, Warwick, RI. Look for emails for registration info!

Since our last update, one workshop was held: John Balletto presented, Introduction to Kinesio Taping®. 20 attendees received 7 CE credits on 5/3/15.

AMTA MEMBERSHIP BENEFITS

AMTA offers members a wide array of benefits and resources to help you reach professional excellence in the massage therapy profession. As a Professional Member, your benefits include:

- Liability Insurance Coverage (included)
- mtj® (Massage Therapy Journal®)
- Use of classification-specific AMTA logo
- Discounts on online training and courses at the National Convention
- Enrollment in AMTA's Find a Massage Therapist®
- Massage Information Center
- Chapter/Volunteer Involvement
- Free job and resume posting
- Hands On® - bi-monthly membership newsletter
- Optional Insurance plans (e.g., medical, disability)
- Discounts up to 30% on products for your practice
- Discounts on supplies and services for your business
- Create your own website in 5 minutes
- Free client e-Newsletter
- Free online classified ad posting
- Free onsite continuing education class posting
- Marketing/public relations tools
- Massage photos you can download
- National Office staff assistance
- Professional development tips
- Professional member pin

Student, School, & Supporting Members can review their specific benefits at www.amtamassage.org.

Nancy Dail's workshop scheduled for 6/6-6/7/15, entitled Dimensional Massage Therapy for Soft Tissue Dysfunctions of the Head, Neck & Shoulders, was cancelled due to low enrollment. We hope to bring Nancy back in the near future! We are excited about our future workshops being offered: On September 13, 2015, John Balletto returns to present on a great topic, "Enhancing Your Palpatory Literacy." The workshop is being held at the Radisson Airport Hotel, Post Road, Warwick, and 7 CE's will be offered upon completion. We are currently finalizing another two-day workshop with Taya Countryman on October 3 - 4, 2015 entitled, "Structural Relief Therapy (SRT) of the Lower Leg & Foot. Location is being finalized. Look for an email by the end of August with registration details!

Please look for future emails as the workshops get closer and also check the RIAMTA website for workshop details and registration information, www.amtari.org.

We continue to be proud of the workshops offered for our members and look for continued feedback from you for future topic ideas. If you have a topic of interest, feel free to contact me at justbreathemassage2@yahoo.com



CLASSIFIED ADS

READY TO BE YOUR OWN BOSS?

Four Rooms Available in Local Wellness Center
(Rooms can be rented as singles or as a suite)
Great Central Location – 5 minutes from the Eastside of Providence in Seekonk, MA
Easy - Convenient Access Parking-Utilities Included!
Great for Aesthetician, Nutritionist, Massage Therapist, Psychotherapist.....Great Terms and Reasonable Rent!
Contact Niko for details – 401-996-6129

SPA FOR SALE IN SOUTHERN RI.

Small spa with two treatment rooms being used for massage therapy, facials, and waxing; a manicure station and pedicure tub. Spa has been successfully run for 6 years by massage therapist with sub-contractors. Sale includes equipment, furniture, back bar and retail products, all marketing materials, and client list. Asking \$30K. Please send all inquiries to rispaforsale@yahoo.com.

NOBODY CAN DO EVERYTHING, BUT EVERYONE CAN DO SOMETHING!

RI AMTA IS LOOKING FOR VOLUNTEERS!

The **video library** is in need of a co-chair. The ideal candidate must have the following qualifications.

RIAMTA Member in good standing with current license. Must be available to attend spring and fall general meetings, as well as be available for scheduled board meetings. Have a true passion and willingness to keep the library in perfect condition and be able to enforce policy rules.

Please contact Paula Kochanek by phone or email. 401-744-5025 pkochanek127@gmail.com

We are also seeking a new **Newsletter Editor!** The ideal candidate would be someone with some computer skills (I didn't have many when I started but I've learned so much!), creativity and organization. Deadlines must be adhered to. The RI AMTA newsletter is published 3 times each year, Spring, Summer and Winter. The newsletter editor is asked to attend both spring and fall general meetings and scheduled board meetings to keep up on all the news.

The newsletter editor is a paid position (I've found it's a great way to have that extra money for education for the year!). Anyone interested please contact Deb Kilty at 401-339-1041 or debbiekilty@yahoo.com.

All new volunteers will be mentored by the current chairperson for a smooth and stressfree transition to any position.

Top Five Benefits of Attending the CCRI Hospital-based Massage Therapy Program

1. Increased skills, knowledge and clinical analysis capabilities required to provide integrative oncology massage therapy to your clients.
2. Confidence and assurance that you can provide the care and support to your clients who are now dealing with cancer and not have to refer them to others.
3. Interpersonal relationships with hospital medical staff who appreciate and respect the care and compassion you provide to their patients.
4. Résumé-enhancing background knowledge of oncology massage therapy that will prepare you to work in a facility such as a hospital, assisted living or nursing home.
5. Completion of Level I oncology massage therapy training automatically provides membership in **ACOM**, the Alliance for Clinical Oncology Massage. (No membership fee.)



REGISTRATION is underway.

For more information, visit the Center for Workforce and Community Education, www.ccri.edu/cwce, or the Rehabilitative Health Department, www.ccri.edu/massagetherapy.



COMMUNITY COLLEGE OF RHODE ISLAND

VIDEO LIBRARY

*Paula Kochanek, Video Librarian:
401-744-5025 or pk127@juno.com*

The video library is now open to professional and student members who have a RIAMTA number and are active.

A full list of available Rentals, Rental Agreement forms and full instructions can be found on our website: www.riamta.com.

Please check it out.

It is a wonderful resource.

RENTALS DUE IN 3 WEEKS TO AVOID FEE PENALTIES.





Coming Soon to Wayland Sq

Relax, positions are available.

Licensed Massage Therapist, Lead Therapist,
Esthetician, Sales Staff and Clinic Management.



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Your clinical success is our goal. Theory comes alive through practice.

Over 3500 students have attended Myofascial Release Massage Seminars.

75% of this seminar is hands-on practice. In **Part I, Upper Body**, you will learn 32 myofascial release strokes (some suitable for on-site application). The instructor and teaching assistants give each student individual attention for every stroke taught so that the work can be used immediately. It can be easily integrated into your existing routine, offered as a stand-alone myofascial massage, or used to relieve common complaints such as low back pain and repetitive use syndromes. *Derived from Hellerwork.*

Part I, Upper Body, is a pre-requisite to Part II, Lower Body, and Part III, Advanced Strokes/Evaluation and Treatment. Certification is available after taking Part II.

"Great hands-on course, and fun to learn."

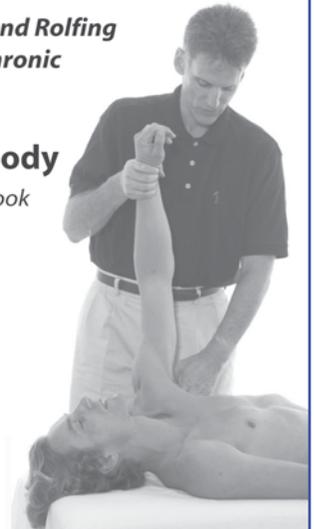
"Howard's extensive experience, attention to detail, and explanation of procedures are outstanding."

"Howard has simplified Hellerwork and Roling into deep therapeutic massage for chronic stress and pain."

Schedule for Part I, Upper Body

Includes a professionally prepared workbook with instruction and 150 photographs of specific strokes taught in the course.

**Bancroft School of Massage
Worcester, MA
December 4-6, 2015
(508) 757-7923 Cost \$395.00**



The Myofascial Release Massage is approved by the National Certification Board for Therapeutic Massage and Bodywork (NCBTMB) as a continuing education Approved Provider. The seminars are also approved for 20 hours of continuing education by the the State of Maryland, AMTA, ABMP, Board of Certification of the National Athletic Trainers Association, the American Medical Massage Association, and the International Massage Federation.



WELCOME TO THE RIAMTA COMMUNITY

Jennifer Wilkicki, Membership Chair, Volunteer Coordinator

Our family of Massage Therapists is expanding. Please welcome our new members. We have 1st timers, folks who have joined us from other states, and those whom have returned to us. We are so glad you are a part of us!

Sarah Jarvis	Katie Johnson-Hoopes
James Maloney	Jinn Nagaoka
William Hays	Kate Stearns
Gail Coulter	Amy O'Donnell
Stacy Adams	Emilie Marchetti
Desiree Hills	Jamie Riley
Sandra Arango	Christopher Horta
Allison Schoen-Cruz	Stephanie Welsh

WELCOME EVERYONE!

Keep your eyes on the website and our Facebook page

We have an amazing team of



RI AMTA Members!!

UPCOMING MEMBERSHIP EVENT!

Jennifer Wilkicki, Membership Chair

Watch your emails for registration for the next fun RI AMTA membership event! A "Drink and Dabble" wine and paint event is planned for September 13th! Don't miss out this will be a fun filled evening!! This event will be open to all RI AMTA members as well as friends and family! So bring along your special someone and show off your painting talents!!

And don't forget the Annual NYC Bus Trip!! Bring your checkbooks to the October General Meeting and get the earlybird pricing!!

TREAT YOURSELF WITH THESE AMTA MEMBER DISCOUNTS!

Massage Warehouse - Save up to 15% on thousands of massage products.

AMTA Free Website - Create a free website in 5 minutes and boost your online presence.

Vistaprint - Get 500 business cards for \$5. AMTA members save up to 30% site-wide.

MOPRO3 - Client management software designed by massage therapists. Save 20%.

Genbook - Online scheduling made easy. 30-day FREE trial. Save 15% per month.

Office Depot - Save up to 80% on office supplies, online or in-store.

AMTA Free Discount Prescription Card - Save up to 70% at over 54,000 locations.

Review all AMTA Products and Services

If you have any problems logging in to the AMTA members-only section of the AMTA website, please contact AMTA Member Experience at 1.877.905.2700 or email info@amtamassage.org.

OUR MEMBERS MATTER

Jennifer Wilkicki, Membership Chair

Thanks to the many members who have participated in the 30 second interview "Hot Seat" at the Membership booth at all of our general meetings.

Remember all of these interviews are for your reference binder. This will become a great tool for you to help out your clients when you believe they may need a modality you may not offer. It will also help you to network and/or mentor with other therapists in our community.

If you would like to be in the "Hot Seat" for a 30 second interview stop by the membership booth at our upcoming general meeting in October (*see announcement on back page*) or contact Jen Wilkicki at 401-935-3549; jlw531@aol.com

Go to <http://www.riamta.com/hotseatinterviews.html> all the hotseat interviews from back issues are compiled in one list!

CONFESSIONS OF A WELL SEASONED THERAPIST

Anonymous, LMT

Can you believe it? Summer is blazing by. I hope you are riding the waves of pleasure that come with this far to short season. What an amazing time of year. Each season flaunts its own beauty, so find the one that draws you in and embrace it. Better yet! Find something wonderful in each season and take away something that makes you smile. And if you haven't PLEASE make sure you find even just a moment to step away from "giving" to others and take care of you. Give yourself a break too.

Give: to enter wholeheartedly into an activity. to execute and deliver. 1. Webster's Dictionary

I can only speak to my own foibles, "I'm a caretaker." Guilty as charged. It's not a bad thing at all, but burnout can creep up on you and fry you up quick, like three hours in the height of a summer's sun with no sunscreen. Crispy!

Oh! I can hear you! "Not me, I can do this." or maybe you say "Soon, but! I have to take care of 'this' first!" how about this one "They need me." or is your excuse "No one else can/will help me!" So...I don't know if you fall pray to any of these statements, I don't think I'm aloon (oops I meant) "alone" in this mindset (who knows, maybe I am). I bow my head and confess.

Believe me, I'm not looking for sympathy, it was my choice. And! I'd probably do it again in a heart beat. "I can do it." "I'm good with it." "I can handle it." Always giving my energy away to those around me and putting my own needs off 'til later.

Oh I'd take mini breaks here and there, but never a full time get away. There was always too much to take care of. I know! I know! Get out the violin please. Let me bow to the audience. Good thing I can laugh at myself. In my mind I've started my own private 12 step program. Hi My name is _____ and I'm addicted to 'Giving'. Kind of silly sounding... isn't it. I laugh at myself, since I'd never actually share that story ... oh I'd share other pieces of my life with a few close friends, and maybe a client or two...(OOPS!! did I just admit that?) Diane Polseno, Greg Hurd, and a whole host of educators from my twenty years worth of ethics classes could definitely have a field day with that one. Not to mention the NCBTMB and the AMTA.

No one was ever underserved in the process, except maybe me...well, and perhaps the significant others in my life who missed me when I was busy taking care of others and was too exhausted when I got home to give them the attention they deserved, since I had given most of it away. Oh well I'm human, how about you.

But hey! They must still love me, since they were still part of my life. And thank God for that because one day I could no longer give. The flame was snuffed out. They came and picked up my pieces, I had finally fallen apart. You know. Crispy!

Somewhere, in these many years of 'giving' I must have heard the message "Take care of yourself." "Learn to 'receive' as much love as you give away." When you've been a giver for so long, I learned, it can be difficult to be on the receiving end. I was humbled, for now, I needed to be on the receiving end. Well it's beginning to sound like 'True Confessions of a Narcissist'. My hope is you are able to take something away from this article. Even if it was only a chuckle to brighten your day. By reading my ramblings you have taken some time for you. And that's what I'm try to get through to you. Make time. You will be a better giver in the long run. Let someone give to you, just as you do for others. Hopefully you'll avoid 3rd degree burns, or if Fall is your season (it's right around the corner you know), the leaves should fall, not tears.

Experience the pleasure you deserve. Step away and 'receive', rejuvenate your spirit, you deserve it, you probably need it. Be as good to yourself as you are to others. After all the world would be less loved if you weren't able to give a piece of yourself.

So, I pray, if I can only reach one or two of you thru my self proclaimed Givers Anonymous ramblings, I will be happy. I pray you will pay it forward. There may be a few other givers out there who need to hear from you. Perhaps you may save a therapist from burn out.

-Anonymous LMT

PS. I heard once (somewhere in these many years of continuing education classes) the average burn out rate for massage therapists is 3-7 years. I hope that statistic is changing. Take care of yourselves, 'receive' just as much as you 'give'.

SPORTS MASSAGE TEAM

LouAnn Botsford, Sports Team Chairperson

TEAMWORK 'tēm,wərk/noun

the combined action of a group of people, especially when effective and efficient.

I think it was a verb at this event !!!

RI Sports Massage Team and CCRI massage program students provided massage treatments for the Special Olympics Rhode Island athletes at URI on May 30, 2015. Over 225 sports massages were given to the athletes!!! Everybody was a winner!.... LOTS of smiles all around !





WANTED: A FEW GOOD MASSAGE THERAPISTS!

OPERATION STAND DOWN for VETERANS

Can you give an hour or two? It's up to you!

Sept. 18 (Noon – 4) and Sept. 19 (9-4)

Diamond Hill State Park

Cumberland, RI

<http://www.osdri.com>

The term “Stand Down” means “at ease,” and is modeled after the Stand Down concept used during the Vietnam War to provide a safe retreat for battle-weary soldiers returning from combat operations. At secure base camps, troops could take care of personal hygiene, get clean uniforms, enjoy warm meals, and receive medical and dental care and other services in a safe environment.

Each year 200-300 veterans participate in this weekend outreach, receiving food and shelter, legal aid, medical attention, benefits screenings, clothing and other much needed services. Please consider donating a few hours of your time doing chair or table massage for these homeless, disabled and at-risk veterans.

Lou Ann Botsford

RI-AMTA Sports Massage Team Chair

Cell 401-486-9113

labots@cox.net

AWARDS

Joanne Lozy, Awards Chair

Win a \$350.00 scholarship toward RI AMTA Education

YES! That’s right Rhode Island chapter AMTA members. In the past RI AMTA gave away a scholarship to the New England Regional Conference (NERC) yearly. It was known as the RI AMTA Diane Polseno Scholarship. As we all know NERC has come to an end and we are beginning a new era. But our commitment to giving away education to our Rhode Island members has not. We wish to continue to honor the gifts Diane gave us. All who knew her knew her spirit of commitment to education. She educated us in many ways. Writing articles for MTJ, teaching at Bancroft School of Massage and Cortiva, continuing education classes for NERC and many local states, and making appearances before local Rhode Island city councils to improving massage laws. All in the name of education and advancing our profession.

So how does this impact you? This is the second year now we are giving the scholarship to the member who accumulates the most points for volunteerism. **ANY VOLUNTEERISM. That’s right! ANY VOLUNTEERISM!** How does it work? Any volunteering you do, serving at a food bank, scouting leadership, Earth Day, your local church or synagogue, and of course RI AMTA events, all will earn you points! It’s simple. Keep track with the simple form we have created a link to on the Rhode Island AMTA web page or click here <http://ri.amtamassage.org/wp-content/uploads/2015/01/AWARDS-volunteer-form.pdf>. Mail that form to the address provided on the bottom by the designated date, Friday October 23rd by snail mail and October 23rd by cyber mail. The winner will be announced at the RI AMTA October 25th General Meeting. You need not be present to win, but we hope you will be. Don’t forget that’s the meeting where we bring in vendors and give 3 hours of continuing education credit to Rhode Island members and students. *See you then.*

RI AMTA Awards Recognition Form 2015

Name, _____
AMTA # _____
Phone or E-Mail _____
Volunteer Event: _____
Date: _____
Event Coordinator: please sign _____
Please Print, Name and Contact Phone Number or email _____

Volunteer Event: _____
Date: _____
Event Coordinator: please sign _____
Please Print, Name and Contact Phone Number or email _____

Volunteer Event: _____
Date: _____
Event Coordinator: please sign _____
Please Print, Name and Contact Phone Number or email _____

Please send to:
Joanne Lozy @ CRITM 1481 Atwood Avenue Johnston, RI 02919

Must be received no later than Friday October 23, 2015
Receive 1 point for any type of volunteer activity, community or AMTA. Points will be tallied and the winner will receive an Education Voucher worth \$350.00 to be used toward any Rhode Island AMTA educational class/es. All information must be completed to be valid for acceptance. Event, Date and Event Coordinator Signature with contact information is a must.

Winner will be announced at the October General Meeting 2015. Download more forms at RIAMTA.org

The Upledger Institute International is endorsed by the International Alliance of Healthcare Educators



Upledger: The Founder and the Future of *CranioSacral Therapy*



John Matthew Upledger, CEO and John E. Upledger, DO, OMM, developer of CranioSacral Therapy

When selecting a CST training source, consider these facts:

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To register, use Priority Code RI AMTA 8-15



CranioSacral Therapy 1 (CS1)

Moncton, NB Sep 10-13, 2015
Hartford, CT Sep 17-20, 2015
Portsmouth, NH Oct 1-4, 2015
Albany, NY Feb 18-21, 2016

CranioSacral Therapy 2 (CS2)

New York, NY Nov 12-15, 2015
Albany, NY Feb 18-21, 2016

SomatoEmotional Release 1 (SER1)

Moncton, NB Sep 10-13, 2015
Toronto, ON Jan 28-31, 2016

Clinical Application for Adv CST (CAAD)

Providence, RI Sep 30-4, 2015

Adv 1 CranioSacral Therapy (ADV1)

Burlington, VT Oct 26-30, 2015

CranioSacral Therapy Clinical Symposium (SYMCS)

Providence, RI Oct 17-18, 2015

Additional dates and locations at Upledger.com



Susan Steiner, OTR/L, CST-D and Sue Cotta, MSPT, CST

New *Symposium!*

Oct 17-18, 2015
Providence, RI

CranioSacral Therapy Clinical Symposium

Highlights:

- Observe the nuances of multi-therapist sessions in action
- Gain fresh insights into how you can use CST and SER in your practice as you watch demonstrations on patients of varying ages and diagnoses
- Get answers to your questions during Q & A sessions
- Break into afternoon trade sessions to practice some of the material presented and observed in the morning sessions, with direct supervision

SPACE IS LIMITED
Register Today!

Early Registration
Tuition: \$225.00

Full Tuition: \$325.00

Pre-requisite:
CranioSacral Therapy 1 (CS1)

Call or Click:
800-233-5880 | Upledger.com



Pre- & Perinatal Massage Therapy Certification Workshop

DEVELOPER & INSTRUCTOR: CAROLE OSBORNE

*32 Hour Specialization Certification Empowering You to Nurture
the Births of Mothers and their Babies*

*Sponsored by Massage Envy Spa Cranston, East Greenwich
and Lincoln RI*



- *Move far beyond basic adaptations for maternity massage.
- *Practice and receive feedback in over 80 advanced techniques that enhance pregnant, laboring, and postpartum women's comfort, health, and enjoyment.
- *Increase competency and confidence to safely meet the challenges of the childbearing year.
- *Become a certified pre- and perinatal massage therapy specialist.

November 2-5, 2015

The Radisson Hotel Providence Airport

2081 Post Road, Warwick, RI 02886

To Register: www.bodytherapyassociates.com

Questions: Contact Lynn Garvey,

Therapist Development Manager for Massage Envy Spa

(401) 334-3689

FIRST EDUCATIONAL CONGRESS HELD IN MINNEAPOLIS, MN

Alda Medeiros, Education Chair

I was thrilled to represent the Rhode Island Chapter of the AMTA at the First Educational Congress in Minneapolis, MN! The event was held from July 22-26, 2015 at the University of Minnesota and was hosted by the Alliance for Massage Therapy Education (AFMTE) and the Commission on Massage Therapy Accreditation (COMTA). This was the first time such a large collaboration of Massage and Bodywork educational stakeholders were gathered together in one location to foster dialogue, inquiry and creative problem-solving for the betterment of massage therapy and bodywork education. There were over 200 attendees, such as educators, continuing education providers, school owners, organization representatives and individuals interested in the continual advancement of education standards in the profession!

The idea for an educational congress was inspired by the voices within the massage therapy education community and began with a discussion at the 2013 Florida State Therapy Association Conference among the stakeholders. From there, it grew into an event with ten organizations collaborating. The ten organizations were:

- Academic Consortium for Complementary & Alternative Health Care (ACCAHC)
- Alliance for Massage Therapy Education (AFMTE)
- American Massage Therapy Association (AMTA)
- American Organization for Bodywork Therapies of Asia (AOBTA)
- Associated Bodywork & Massage Professionals (ABMP)
- Commission on Massage Therapy Accreditation (COMTA)
- Federation of State Massage Therapy Boards (FSMTB)
- Massage Therapy Foundation (MTF)
- National Certification Board for Therapeutic Massage & Bodywork (NCBTMB)
- Society for Oncology Massage (S40M)

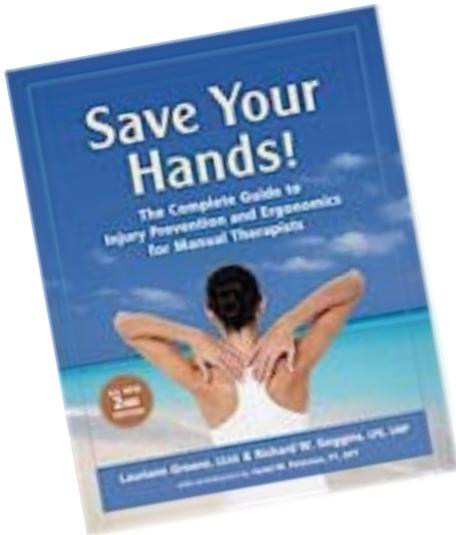
It was such an honor to be with such prestigious individuals from our profession! Among those in attendance were John Balletto, Bruce Baltz, Andrew Biel, Nancy Dail, Sandy Fritz, David Lauterstein, Whitney Lowe, Michael McGillicuddy, Carole Osborne, Martha Menard, Susan Salvo, Cherie Sohnen-Moe, Ralph Stephens, Ruth Werner, and so many more!!

Each day was jam-packed with meeting sessions, industry updates from each of the collaborating organizations, teacher training, curriculum development, committee updates, discussions on the Entry Level Analysis Project (ELAP) from which the FSMTB based their exam, two days of break-out sessions that were geared to help educators improve their teaching skills. COMTA introduced a new program to go into effect on the endorsement of specific curriculum in addition to its current entire school accreditation program. Keynote Speaker James Oschman presented a talk on “Working Together for a Bright Future for our Professions,” David Lauterstein spoke on “The Destiny of Massage...” I could go on and on!!

If you would like to know more about the Alliance for Massage Therapy Education as well as the first Educational Congress session, please visit their website at www.afmte.org



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OCTOBER 25TH 2015

WATCH YOUR E-MAIL FOR LOCATION - REGISTRATION - EDUCATION AND START TIME

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 AS ALWAYS

Find all the  in this issue! (not counting this one!) Be the first to email me (debbiekilty@yahoo.com) with the correct answer and you will win a \$25.00 Visa gift card!

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